

# Information



## Welcome to Senior Care Health Centre

Thank you for entrusting your care to us. We are committed to providing excellent health services in a cost-effective manner.

This sheet gives you instant access to important information regarding our medical practice. Please keep it in a safe place.

### Services

Our clinical team can assist you with all of your healthcare needs. We pride ourselves on flexible care for ageing people.

Services include:

- + Regular Checkups
- + Women's Health
- + Forms & Medicals
- + Minor Surgery
- + Repeat Prescriptions
- + Referrals
- + Men's Health
- + Liquid Nitrogen
- + Home Visits
- + Travel Medicine
- + Immunisations
- + Specialists

### Doctors

Dr Peter Bowden, Dr Martyn Eade,  
Dr Natalie Hopoi

### Nurses

Nazreen Hussain (Nurse Practitioner), Kate Holden,  
Lizzie McCartie

### Administration

Kiani Pendergrast

### Fees

#### GP Consultations

CSC holders	\$19.50
Enrolled patients	\$45.00
Casual patients	\$60.00

#### Nurse Consultations

Enrolled patients	\$30.00
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#### ACC

CSC holders	\$19.50
Enrolled patients	\$45.00

#### Visits

Home visit	\$150.00
Family meeting	\$60.00

#### Forms

Insurance forms	\$24.00
WINZ disability forms	\$24.00
Referrals letters	\$24.00
Travel documents	\$24.00

#### Medicals

Admission medical	\$72.00
Driving medical	\$64.00

#### Additional Services

Blood pressure check	\$8.00
Dressings	\$15.00
Liquid nitrogen	\$15.00
Repeat prescriptions	\$20.00
Joint injections	\$42.00
Catheter change	\$62.00
Punch biopsy	\$64.00
Excisions	\$455.00*

\*Prices may vary. Please discuss your options with a member of our clinical team.

All fees are subject to change.



You can access your test results via our online patient portal or by calling the practice on (09) 845 0723. Please ask reception staff for patient portal instructions should you require these.

## Appointments

Please ring (09) 845 0723 (Selwyn Village) or (09) 815 3994 (Metlifecare Heights) for an appointment.

Every effort will be made to accommodate your preferred time. However, emergencies will always be given priority.

Our reception staff will attempt to contact you if there are any unforeseen delays or if your GP has been called away. Longer consultation times may be available. Charges apply.

## Payments

Fees are payable at the time of consultation.

We accept cash, eftpos, cheque, visa, mastercard and online payments. Paywave is also now available.

Fees for enrolled and registered patients are subsidized by the Government for various age groups and services listed at the practice.

Please ask our reception staff for more information.

## Repeat Prescriptions

We are happy to issue repeat prescriptions.

However, we ask that you give us as much advance notice as possible.

Repeat prescriptions do incur a charge and the doctor may need to see you prior to issuing for clinical and/or legal reasons — especially if you are not seeing your regular GP.

Please ask our reception staff for more information.

## Patient Portal

Our patient portal is a secure online tool that lets patients manage their health in a modern and convenient manner. Registering is free and simple. Sign up at your next appointment or call us on (09) 845 0723. Our reception staff can guide you through the process, and verify your identity, with ease.

## Pharmacies

**Unichem Point Chevalier Pharmacy** — 1213 Great North Road, (09) 846 1676 — is open 8:30AM to 5:30PM on weekdays and 9AM to 1PM on Saturdays.

Unichem Walls & Roche Pharmacy also delivers prescriptions during the week.

## Personal Information

Your medical record is a confidential document.

It is the policy of this practice to maintain security of personal health information at all times and to ensure that this information is only available to authorised staff members.

## General Information:

### Senior Care Health Centre

21 Shaftesbury Avenue  
Point Chevalier 1022  
Auckland  
New Zealand

### Metlifecare Heights

42 Herd Road  
Hillsborough 1042  
Auckland  
New Zealand

Selwyn Village: (09) 845 0723  
Metlifecare Heights: (09) 815 3994

Fax: (09) 845 0735

reception@seniorcarehealth.co.nz

Ample parking is available in the carpark outside the practice. Visitor parking is also available within Selwyn Village.

A Unichem pharmacy is located 1.6km away.

**Please dial 111 in emergencies.**

Triage nurses are available after hours.

If you need assistance during this time, please call (09) 845 0723. Our triage nurses will be able to provide advice or direct you to any other services you may need.